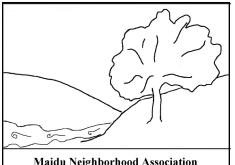
MAIDU NEIGHBORS



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RCONA MAIDU NEIGHBORHOOD ASSOCIATION

September 2014

Roseville Candidates Forum

by Jim Kidd

The City Council Candidates Forum will be held on Tuesday, September 23, 2014. The Roseville Coalition of Neighborhood Associations (RCONA) is the host organization. The purpose of the Forum is to allow City Council candidates the opportunity to meet residents and to present their positions on City issues. The Forum will be held in the Tower Theater, 417 Vernon Street. Doors will open at 6:00 pm and the event will start at 6:45 pm. All candidates who have completed filing requirements with the City Clerk's office as of that date will be invited.

The League of Women Voters will moderate the forum to ensure impartiality and fairness to all candidates.

Maidu Park Cleanup

by David Allen

Maidu Park is the gem of our neighborhood. We are so fortunate to have such a beautiful space for recreation and relaxation. As part of our neighborhood, we want help keep it clean. The Parks Department can only do so much. That's why we host our annual Maidu Park Cleanup.

This year, the Maidu Park Cleanup will be Saturday, October 25. The event will start at 10 am. Meet at the picnic pavilion between the skate park and the batting cages. We'll start with a brief safety overview and then we're off to hunt up those bits of trash in the undeveloped parts of the park and along pathways. We'll head back to the pavilion for a free hot dog and hamburger lunch. Cold drinks will be provided. A prize will be awarded for the most unusual piece of trash found.

This is a great way to meet your Maidu neighbors, get some exercise, and help keep the park looking good. Oh, and don't forget to wear sturdy shoes, long pants, hat, gloves, and sunscreen. Trash bags will be provided.

Note: Our September Maidu Neighborhood Association meeting has been scheduled for September 30, to allow neighbors to attend the Candidates Forum on September 23.

The next meeting of the Maidu Neighborhood Association will be held on **Tuesday**, **September 30**, at 7 pm at Sargeant School, 1200 Ridgecrest. We meet in the Activity Room which is toward the back of the school. Enter off N. Cirby. Our meetings give you a chance to get to know your neighbors and hear what's happening in the neighborhood. A Roseville Police Officer gives a crime report at each meeting.

> Search for Maidu N.A. on Facebook and "like" us. Our web site is maiduna.com

Maidu Community Center Classes

by Elizabeth Dascher

I would like to share with everyone in the neighborhood the "treasure" we have at our disposal - - - the Maidu Community Center, 1550 Maidu Drive. The City offers a variety of adult fitness classes at the Community Center. I have had extremely positive experiences taking different fitness classes. There is much to choose from. The classes have ALL levels of folks from the first timer to more seasoned individuals, and everything in between. The

instructors are experienced and certified. All are upbeat and very pleasant!

If you enjoy dancing, Zumba is a fun way to dance yourself into shape. There is Yoga, Pilates, and many other classes. All classes are geared to work at your comfort level. There is plenty of room for everyone. It is a great way to meet your neighbors and make new friends. Come see for yourself. You can go on line to check out the offerings or you can view the catalog.

It is an affordable way to get fit. You can get a membership or a punch card, a sort of pay-as-you-go system. Call 774-5950 if you need more information.

Heads-up! Kids Are Back in School

by David Allen

Now that kids are back in school, here are a few tips to help them stay safe on their journey to and from school.

When you hop in the car, take extra time to keep an eye out for kids. When backing your car, be extra vigilant looking back to ensure a clear path. Kids on foot and on bikes can be especially hard to see. While driving through the neighborhood, watch out for kids coming and going from school. Be especially careful driving past parked cars as kids may pop out into the street without looking.

If you have a child who goes to school on foot or by bike, make sure he or she knows how to stay safe. Teach them to always come to a stop and look both ways when crossing streets. Kids on foot should always use sidewalks and crosswalks. When no sidewalk is available, kids on foot should walk against traffic. Kids on bikes should ride with traffic.

Be a Better Walker with . . . Sierra Race Walkers

by Nicolle Goldman

Sierra Race Walkers is a local, non-profit amateur sports association, registered with USA Track & Field. We meet near the Rocky Ridge entrance to Maidu Park in the parking lot directly ahead of the entrance, near the softball fields and the big blue "Park & Ride" sign. Anyone who can already walk 3 miles at any speed is welcome to work out with us at 7 am. We do the introductory lessons at 8 am after we finish our workout. If possible, new people should let us know ahead of time because that way we can make sure we have someone ready to give the lesson. People can reach us via the "contact us" page on our web site at www.sierraracewalkers.org or by phoning Nicolle Goldman at 916-742-5333.

You don't have to be a race walker to benefit – you can incorporate race walking techniques to make your regular walking faster and safer. Or, if you want, you can learn and practice race walking for fun, fitness, and competition. We welcome walkers of all ages and levels of ability.

Roseville Library

by Fran Webb

The Roseville Library announces an Avant-Garde Historical Art Competition for Teens. Avant-garde art refers to art works that are experimental or innovative. Roseville teens, 12 - 18 (still in high school), are invited to showcase their creativity in this Avant-Garde competition bringing Roseville history to life in an unorthodox, daring, or radical manner. Submissions accepted October 1 through October 31, 2014, by-e-mail to library@roseville.ca.us. Accepted artists will be notified by November 8. Awards ceremony will be held at the Downtown Library on Saturday, November 15, at 7 pm in conjunction with 3rd Saturday Art Walk. Official rules and further submission information can be found on the Library web site, www.roseville.ca.us/library, under "Teens" on the "Events & Programs" tab.

Roseville Historical Hunt is coming soon! The Roseville Historical Hunt is a month-long, self-guided scavenger hunt in October visiting some of the City's local history museums and sites including the Roseville Fire Museum, the Maidu Museum & Historical Site, the Roseville Public Library locations, Roseville Historical Society at the Carnegie Library and the Roseville Genealogical Society. A .pdf version of the hunt's brochure will be available at the site locations and each participating location's web site. There is a chance to various prize drawings.

Take part in your own Historic Roseville Walking Tour. Enjoy a self-guided tour of the historic district in Roseville along the Lincoln Street, Washington Boulevard, and Main Street area. From the Local History page of the Library web site (www.roseville.ca.us/library), you will be able to view images of the historic buildings on the City's main streets.

Mark your calendar now for Chuck Stucker's Alcatraz Island talk. Chuck Stucker lived on Alcatraz Island with family as guards and an associate warden until he was 13. Chuck not only speaks of his personal stories growing up at the prison but he takes a look at the history of the island itself from its natural state, being used as a military post by the Spanish, all the way up to the tourist attraction it is today. Free admission. The talk is scheduled for Saturday, November 1, at the Downtown Roseville Library.

Call 774-5221 for more information on any of these events.

Night Out at the Maidu Museum

Enjoy museum exhibits, art receptions and cultural presentations at the monthly evening 3rd Saturday Art Walk event. The Maidu Museum is located at 1970 Johnson Ranch Drive. All ages are welcome. The Museum is open free of charge on 3rd Saturday. Call the Museum at 774-5934 for more information.

Campfire

Storytelling has been an important part of the Native American culture for thousands of years. On Friday night, October 17, you can participate in the last campfire of the season at Maidu Museum where stories and songs are the main part of the program. Sit under the stars at the outdoor amphitheater, 1970 Johnson Ranch Drive, and enjoy the campfire experience. Marshmallows and roasting sticks will be provided at the end of the program for the children to roast a gooey treat. The event starts at 7:30 pm and ends at 8:30 pm. The fee is \$5 per person or \$16 for a family of 4. Children under 2 years of age are admitted free. Call 774-5934 for more information.